

Run Hub NW Springfield Invite  
Saturday, October 9<sup>th</sup>  
Campbell Park, Eugene

Itinerary :

6:15 am Load Bus @ MV

6:30 am Depart for Eugene

9:00 am Arrive at [Campbell Park](#)

Race Schedule as follows:

10:00 am Women's Varsity race

10:30 am Men's Varsity race

11:00 am Men's JV race

12:00 pm Lunch @ TrackTown

Cool down with teammates after each race.

2:15 pm Leave Eugene

4:45 pm Arrive MVHS

What to Bring:

- Uniform
- Training/Racing Shoes should be a spike course
- Prerace food and fluids
- Gifts for Cougar Pals
- \$\$, because you never know.